

I LIFT MY HANDS

ARRANGED AND ORCHESTRATED BY
CLIFF DUREN

Words and Music by
CHRIS TOMLIN, MATT MAHER, and LOUIE GIGLIO

For Choir and Congregation

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Arranged by Cliff Duren

OPTIONAL NARRATION: (begin m. 1) "Hear my cry for mercy as I call to You for help, O Lord, as I lift up my hands toward Your Most Holy Place."

"You are my strength and my shield; my heart trusts in You, and You help me. My heart leaps for joy, and with my song I praise You." (Psalm 28:2 & 7 paraphrased)

With a pulse ♩ = 83

Ab(no3) Db2 Fm7

mp

4 Eb(no3) Ab(no3) Db2

7 Optional WORSHIP LEADER throughout SOLO *mp*

Be still, ————— there is a Heal-

7 Fm7 Eb(no3) Ab

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10

- er; His love is deep-er than the sea. His mer-

10

Db^2
F

Fm7

Eb

13

- cy is un-fail - ing; His arms, a for-tress for the weak.

13

Ab
C

Db2

Fm7

16

Let faith a - rise. Let faith a - rise.

16

Eb

Ab sus
Bb

Db2

19

Musical score for measures 19-20. The top system shows a vocal line with a long note on measure 19 and a melodic phrase on measure 20. The middle system shows a choir unison entry on measure 20 with the lyrics "I lift my hands". The bottom system shows piano accompaniment with chords Fm7 and Eb(no3) over measures 19 and 20.

CHOIR: unison
mp

I lift my hands

19 Fm7 Eb(no3)

21

Musical score for measures 21-22. The top system shows a vocal line with the lyrics "to be-lieve a - gain. You are my re -". The middle system shows a bass line. The bottom system shows piano accompaniment with chords Ab(no3) over measures 21 and 22.

to be-lieve a - gain. You are my re -

21 Ab(no3)

23

- fuge, You are my strength. As I pour out my heart,

23 Fm⁷ D^b2

25

these things. I re-mem - ber; You are faith -

25 A^b/_C

27

ful, God, for-ev - er.

27 E^bm⁷ D^b2 A^b(no3)

6

30

mf

Be still, _

30

D $\flat$ 2Fm⁷E $\flat$ (no3)

33

— there is a riv - er that flows _

33

A $\flat$ D $\flat$
F*mf*

35

— from Cal - va - ry's _ tree; _

a Foun -

35

Fm⁷E $\flat$

37

- tain for the thirst - y; Your grace

37 $\Delta\flat$ C $D\flat^2$

39

that wash - es ov - er me. Let faith a - rise.

39 Fm^7 $E\flat$

41

building

Let faith a - rise.

41 $\Delta\flat$ $B\flat$ $D\flat^2$ Fm^7

building

44 *f*

I lift my hands _____ to be-lieve a - gain._

44 *E♭*(no3) *A♭*(no3) *f*

46

You are my re-fuge, You _____ are my strength._

46 *Fm*⁷

48

As I pour out my heart, _____ these things _____ I re-mem -

48 *D♭*² *A♭*/*C*

50

- ber; You are faith - ful, God, - for - ev -

unison

50

Ebm7

52

1 (Back to m. 45) 2

- er. I lift my hands - er. Let faith a - rise!_

mel.

52

1 *Db* (Back to m. 45) 2 *Db2*

54

Let faith a - rise! O - pen my eyes._

54

Ab

10

56

O - pen my eyes. Let faith a - rise!

56 Fm⁷ D^b2

58 Let faith a - rise! O - pen my eyes.

58 A^b C

60 O - pen my eyes.

60 G^b B^b D^b2

62 *mel. ff*

I lift my hands _____ to be-lieve _____ a - gain._

62 N.C. *ff* Ab(no3)

64 You are my re-fuge, You _____ are my strength._

64 Fm⁷

66 As I pour out my heart, _____ these things _____ I re-mem -

66 Db² Ab C

12

68

- ber; You are faith - ful, God, - for - ev -

68

Eb^m7

70

1

(Back to m. 63)

2

- er. I lift my hands - er. Let faith a - rise!_
mel.

70

1

D^b2

(Back to m. 63)

2

D^b2

72

Let faith a - rise! O - pen my eyes._

72

A^b

74

O - pen my eyes. Let faith a - rise!

74

Fm⁷Db²

FOR PREVIEW ONLY

76

Let faith a - rise! O - pen my eyes.

76

Ab
C

FOR PREVIEW ONLY

78

O - pen my eyes. Let faith a - rise!

78

Gb
BbDb²

FOR PREVIEW ONLY

14
80

Let faith a - rise!_

80 $A\flat(\text{no}3)$ $D\flat2$
fff

82 *molto rit.*
Let faith a - rise!_

82 $Fm7$ $D\flat2$ $E\flat_{\text{sus}}$
molto rit.
 $8^{\text{vb}} -$

84 *rit.*

84 $A\flat$ *rit.*